



*let's turn stumbling blocks
into stepping stones*

Kris Lyons, NBC-HWC, CHWC

Board Certified Health &
Wellness Coach

Behavioral Health Coordinator

Pronouns: she/her/hers

support@steppingstoneclinicmn.com

Phone: (612) 886-3706

Fax: (612) 886-3681

www.steppingstoneclinicmn.com

